



## **LORAZEPAM (ATIVAN) INSTRUCTIONS**

This medication is used for anxiety, restlessness, and/or shortness of breath. It may also be used for or to prevent seizure activity. Occasionally this medication may be used to treat nausea. Please call your hospice nurse if you are unsure when to give this medication. Lorazepam can be swallowed or if the patient is unable to swallow, it can be dissolved in a few drops of water and administered under the tongue or inside the cheek. Your nurse can teach you how to do this.

Side effects may include drowsiness, dizziness, forgetfulness, nausea or vomiting, constipation, lack of balance, or skin rash. Some people react differently and become more restless when taking Lorazepam. Please let your nurse know if you are experiencing any side effects.

Since this medication could cause you to become drowsy, dizzy, and/or unsteady, please be safe. Do not drive vehicles or operate machinery, rise slowly and walk carefully when taking Lorazepam. Do not share this medication with other people.